

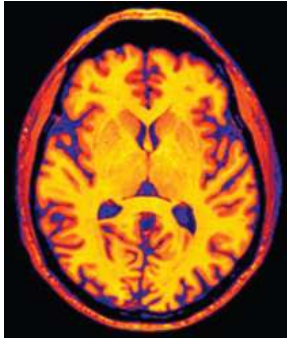
Programme

Coming of Age Exhibition

12 January to 2 March

The Great North Museum: Hancock [34](#)

Coming of Age: the art and science of ageing uses art to examine how and why we age and the effects of ageing. Featuring works by Degas, Renoir, Henry Moore, Nicolas Nixon, John Coplans and Melanie Manchot. The exhibition also includes new work by Annie Cattrell, Andrew Carnie and Jennie Pedley.



Healthy mental ageing: Grey matters... and white matters too!

Professor Ian Deary FBA, University of Edinburgh

Monday 24 January

5.30pm David Shaw Lecture Theatre [62](#)

Why do some people's brains and thinking skills age better than others? Ian Deary will describe the world's longest ever study, which examines the same groups of people between the ages of 11 and 90!

Picture - Michael Firbank, MRI image of a normal human head



The resilient brain: Cognition and ageing

Professor Lorraine K Tyler FBA, University of Cambridge

THIS LECTURE HAS BEEN POSTPONED, APOLOGIES FOR ANY INCONVENIENCE

Ageing is no longer seen as an inevitable, progressive decline. Instead, a more positive view is emerging in which the brain remains flexible and adaptive, leading to the preservation of many cognitive functions.



Looking healthy at any age: How lifestyle affects our facial appearance

Professor David Perrett FBA, University of St Andrews

Monday 21 February

5.30pm David Shaw Lecture Theatre [62](#)

David Perrett will discuss how lifestyle and diet can affect our skin colour and appearance, aid our immune system and protect against the stresses of ageing.

mosaic. Mosaic presents "The Kids Are Alright"

Wednesday 23 February

6pm Tyneside Cinema

To celebrate Lesbian, Gay, Bisexual and Transgender History month, we're bringing back one of the best films of last year, the gloriously funny, heartfelt and warming film "The Kids Are All Right". The award winning film follows Nic and Jules, a married couple with two teenage children Joni and Laser. But when the brother and sister bring their biological father Paul into their lives, life takes a dramatic turn.

Book tickets by calling **0845 217 9909** or pop into the Tyneside Cinema Box Office. Student Discount is available. Please also join us afterwards for a special LGBT edition of the revered Tyneside Quiz from 8:30pm. Team entry just £5.00 (for a group of 5).

International Dish of the Day

Every Wednesday during March and April

Courtyard [25](#), Bistro [4](#) and Forum [69](#) Restaurants

Purchase the International Dish of the Day and enter our quiz to **win a bottle of Fair Trade wine**. Brush up on your diversity related trivia – can you name the first female student to appear on the student register at the College of Medicine, Newcastle?





Innovating Women: Illuminating Achievement and Success

Professor Pooran Wynarczyk, Director, Small Enterprise Research Unit, Newcastle University Business School

Tuesday 8 March

9.30am to 4.30pm, Research Beehive [25](#)

This one day event aims to illuminate the contribution of women to technological advancement and scientific breakthroughs and promote a greater participation in innovation, invention, patent, technology transfer and spin out activities, particularly amongst women. The speakers include: Professor Colette Henry, FRSA (The Royal Veterinary College, University of London); Deborah Jaffé (the author of 'Ingenious Women'); Professor Pooran Wynarczyk, FRSA (Newcastle University); Professor Susan Marlow, FRSA (De Montfort University) and Professor Sudipta Roy (Newcastle University).

Booking required for this event – please see www.ncl.ac.uk/diversity/season for details.



Winning Women

Professor Vicki Bruce introduces Teresa Graham, Jane Nolan and Rebecca Howard

Thursday 10 March

5.30pm Curtis Auditorium [17](#)

Inspired by International Women's Day, NU-Women hosts an "in conversation" style event with a number of leading professional women who have links with the University. Hear about their careers and perspectives on success and join in the discussion.

DSA Awareness Day

Wednesday 16 March

All day, Foyer Robinson Library [35](#)

Student Wellbeing Service will be highlighting the benefits of Disabled Students Allowance.

Depression Awareness - You and your wellbeing

Wednesday 23rd March

1pm - 5 pm King's Gate Level 1 [1](#)

Join the Student Wellbeing Service and find out more about depression and how to take care of your wellbeing.

Time to Change

Events taking place throughout Diversity Season

Time to Change is England's most ambitious programme to end discrimination faced by people who experience mental health problems. Join us to find out more and sign the pledge.

time to change

let's end mental health discrimination

International Festival of Arts and Music

Monday 28 March, 7pm, Northern Stage [3](#)

The Union Society present their annual IFAM, a vibrant and joyful celebration of culture and art from around the globe. Everyone welcome. Tickets available from Northern Stage Box Office. Price to be confirmed.

Meditation for Relaxation

Wednesday 9 March & Wednesday 11 May

12:15 - 1:00 pm Newcastle University Chaplaincy, 19/20 Windsor Terrace [39](#)

Join Rev. Sujatin Johnson, Buddhist Chaplain, for an hour of meditation to take the strain out the day and find a bit of quiet time. Sujatin will be available to chat afterwards

All welcome. No experience necessary. No charge.

Dyslexia Awareness

Tuesday 3rd & Wednesday 4 May

12pm to 2pm Foyer Robinson Library [35](#)

An event to raise awareness and focus on the strengths and talents of dyslexic children and adults.

[1](#) Location on Campus Maps

All Diversity Season events are open to everyone. Unless otherwise stated, all events are **free**.

For further information about Diversity Season contact the Equality and Diversity Team, 0191 222 8794, diversity@ncl.ac.uk. www.ncl.ac.uk/diversity/season